

media release

SA Metropolitan Fire Service



MFS firefighters 'Ride 2 Climb' from Adelaide to Melbourne

Monday, 15 August 2016

Metropolitan Fire Service (MFS) firefighters are set to embark on an epic fundraising bike ride to Melbourne before contesting an international firefighter stair climb event.

Thirteen MFS firefighters will **depart Adelaide Fire Station on Friday, 26 August** at 11.30 am on their nine-day, 1,100 km *Ride2Climb* cycling journey, arriving in Melbourne on Saturday, 3 September.

MFS Senior Firefighter, Daniel Graham said the riders aim to fundraise \$10,000 on behalf of South Australia's *Australian Professional Firefighters Foundation (APFF)** charity.

"The APFF will then donate 100 % of proceeds to the *Melbourne Firefighter Stair Climb's* charity of choice, the *Murdoch Childrens Research Institute*. We're thrilled that APFF Ambassador and Channel 9's Brenton Ragless will be there to launch our ride at Adelaide Fire Station on 26 August."

MFS firefighters will be cycling from Adelaide through country South Australia and Victoria, before arriving in Melbourne on the day of the *Melbourne Firefighter Stair Climb* event.

"The 13 MFS cyclists will join other firefighters from around Australia and overseas to compete in the *Melbourne Firefighter Stair Climb*, an event that's in its third year.

"In Melbourne, MFS firefighters will wear up to 25 kgs of fire fighting gear and breathing apparatus while climbing 28 stories of stairs in a high rise building," MFS Senior Fire fighter Daniel Graham said.

During the cycling journey, MFS firefighters will visit local MFS and Country Fire Service stations in regional South Australia, sharing the MFS Road Awareness Program's (RAP) messages.

Local communities are being encouraged to support the *Ride 2 Climb* event. Schedule below:

Date	Depart	Arrive	Kms per day
Fri, 26 Aug 2016	Adelaide	Victor Harbor	97 km
Sat, 27 Aug 2016	Victor Harbor	Meningie	138 km
Sun, 28 Aug 2016	Meningie	Kingston	145 km
Mon, 29 Aug 2016	Kingston	Mt Gambier	157 km
Tue, 30 Aug 2016	Mt Gambier	Portland	108 km
Wed, 31 Aug 2016	Portland	Warrnambool	104 km
Thu, 1 Sept 2016	Warrnambool	Apollo Bay	162 km
Fri, 2 Sept 2016	Apollo Bay	Queenscliff <i>Catch ferry to Sorrento</i> <i>Ride to Mt Martha</i>	130 km +30 km
Sat, 3 Sept 2016	Mt Martha	Melbourne <i>(Arrival as part of pre-race ceremony)</i>	60 km

*The Australian Professional Firefighters Foundation (APFF) is a South Australian charity comprising professional MFS and Airport firefighters who volunteer their time to support firefighters, their families as well as burns and road trauma survivors in South Australia. <http://www.apff.org.au/>

For media enquiries and interviews call the MFS Media Line on (08) 8204 3770

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